



A nice long walk

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2 weeks

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**A swimming
lesson**

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2 days

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**The time it takes
to do 1 star jump**

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30 minutes

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A day at school

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2 hours

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A visit to
the cinema

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20 minutes

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A favourite
TV programme

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2 minutes

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A week at school

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1 hour

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**Brushing your
teeth**

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3 hours

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The weekend

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5 days

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Lunchtime

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6 hours

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A sunny holiday

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1 second

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