

Last session we looked at Navigation. This week we're going to put all our new skills together and

Can you 'Bushcraft' for the Day

Location: Garden or Beach, Glen or Plantation

What you need:

- Adult Supervision – ask them to join in too!
- Print the booklet OR use some scrap paper to draw and copy things.
- Shelter building materials
- Fire Lighting Kit – Remember your fire safety when choosing a location!!!
- Water, Ingredients & Cooking Utensils
- Map making supplies – Paper, pencil, colours

Aim:

- Be able to put a camp together, spend some time in it and identify things you might do differently in future.

Activity

- Top three locations
- Plan your equipment
- Make a Map
- Set up your Camp
- Make a hot drink and some camp bread
- Review your day
- Spider's Web



Choosing a Camp Location

Over the last 5 sessions we've looked at separate elements of Bushcraft. This week we are going to look at putting all of these together to building a camp for the day, one that will provide us with shelter and give us somewhere to make some lunch and a hot drink.

In order to do this, firstly, we need to choose a location for our camp. Where you go will depend on the type of shelter you want to build and whether you are planning on having an open fire, or cooking on a camping stove/portable bbq.

You may remember that back in week one we looked at a map of the Isle of Man and tried to identify areas we thought might be good for a campsite. You can use this map and your own notes of the sites that you put a pin in to choose your location.



If you are planning on an open fire then you will need to make your camp either in your own garden or on a beach, so that your fire can be below the high tide line. If you are going to build your camp in a glen or plantation then you shouldn't have an open fire, as there is a greater risk of it spreading. If you are using a camping stove or

portable bbq then make sure they are placed on stones or concrete, so that the ground under them doesn't catch fire, watch out for overhanging branches, and take away your bbq and coals after (it is a fire hazard to dump them or put them in a rubbish bin, they can seem cool and still cause a fire).



You will need to check a weather forecast and tide times before you set off to build your camp. You can find this information on <https://www.gov.im/weather/>. You'll get the tide times on the 'current shipping forecast'.

Approximate times of tides in Douglas

Low water	Today 3:59pm (1.4m)
High water	Today 10:14pm (6.0m)
Low water	Tomorrow 4:32am (1.8m)
High water	Tomorrow 10:18am (5.7m)

(heights in metres above Chart Datum)



Aim for a low tide and not too much wind or rain. These will make building a camp more challenging and you might want, or have to, deal with them in future, but for now let's stick to the challenges of building a camp in good conditions.

What are your top three locations & why?

- 1.
- 2.
- 3.

It is good to pick more than one location just in case you can't use your first choice. For example, you might get to it and find that it is very busy there or that access has been suspended for an event or safety reasons.

Gathering your Equipment

Once you have decided what sort of camp you are going to build, when, and where you are going, you need to gather your equipment. We are aiming to spend a bit of time in our camps this week to get a real feel for it, so it's important not to forget anything.

Time for a PLAN:

Shelter building equipment:	
Fire lighting equipment	
Cooking equipment	
Water, or container to collect it	
Food and a hot drink (we've included a recipe for camp bread, so maybe you could try this with some nettle soup or dandelion tea)	
Bring your Survival Mindset! What soft skills do you think you are going to need?	
On a separate piece of paper draw a simple Map from your home to your camp location	

Camp flatbread

- Pan to go on the fire
- Wooden spatula
- Mixing bowl
- Plate or chopping board
- Rolling pin or ridged bottle



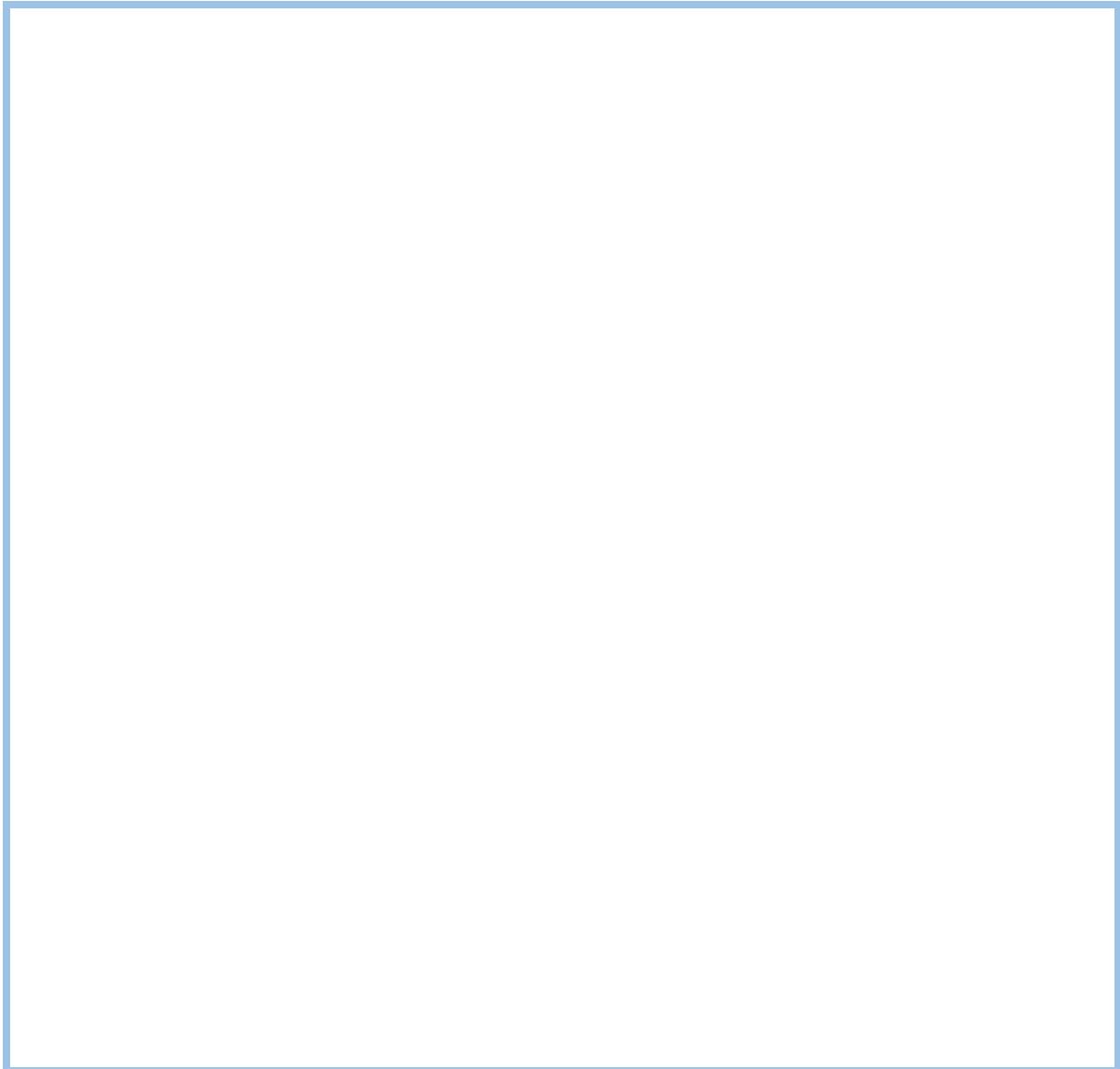
Ingredients (makes approx. 8)

- 400g self-raising flour
- Half teaspoon salt
- 250ml warm water
- 3 tablespoons of vegetable oil
- You can make these sweet or savory by adding some chopped wild garlic, blackberries, or any other foraged food you like.

How to cook

1. Mix all ingredients in the mixing bowl to make a dough
2. Separate the dough into 8 balls
3. Roll out the dough balls - the thinner you make them the quicker they will cook.
4. Fry in a pan, turning after a few minutes, like a pancake. You shouldn't need any oil for frying, just keep them moving so they don't stick.
5. Enjoy with a cuppa soup or homemade nettle soup, or a cup of dandelion tea or hotchocolate!

Map to my location



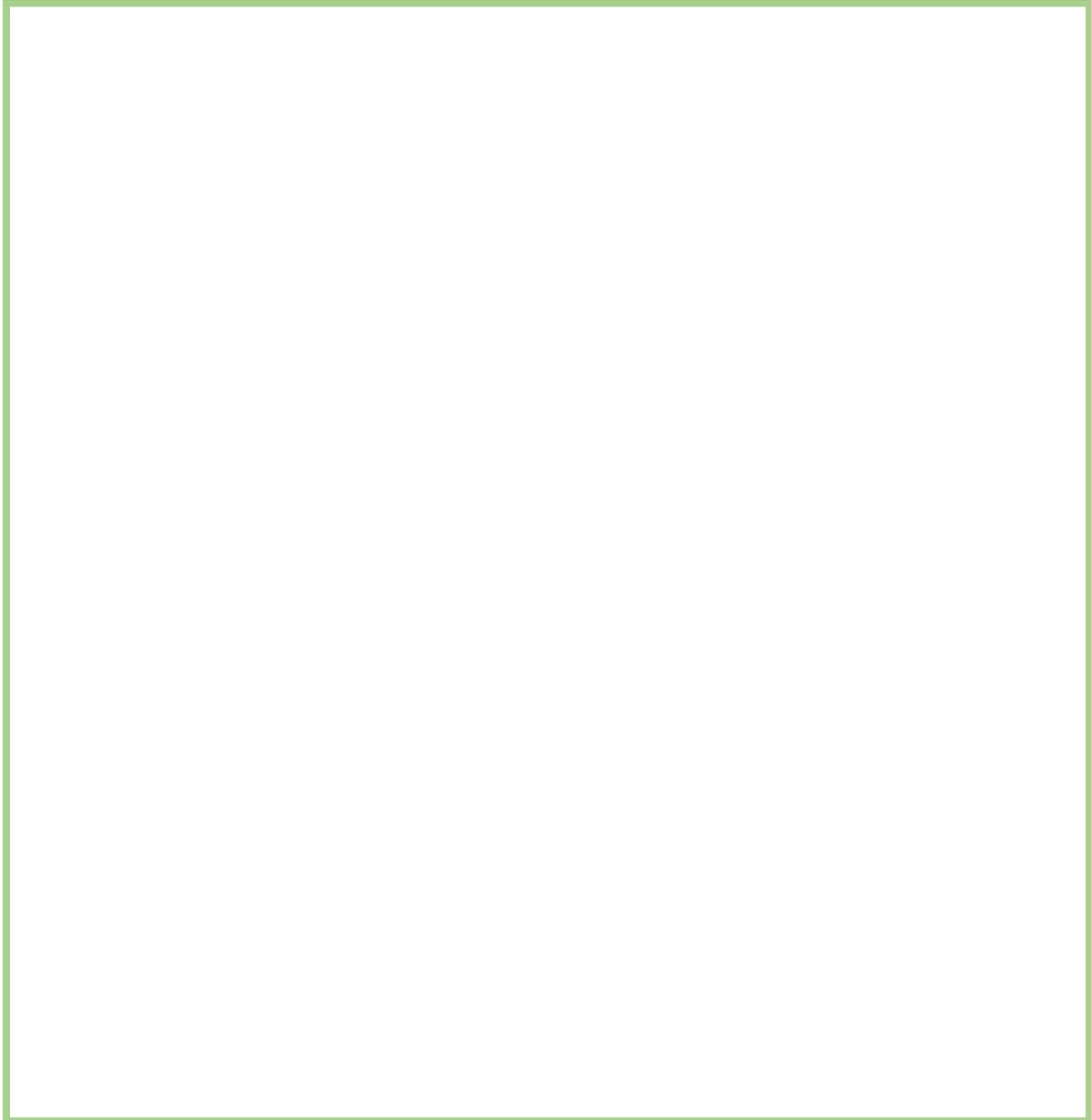
Time to go and DO!!

Head out to your location and have a safe and fun day. Take some pictures of your camp and lunch.



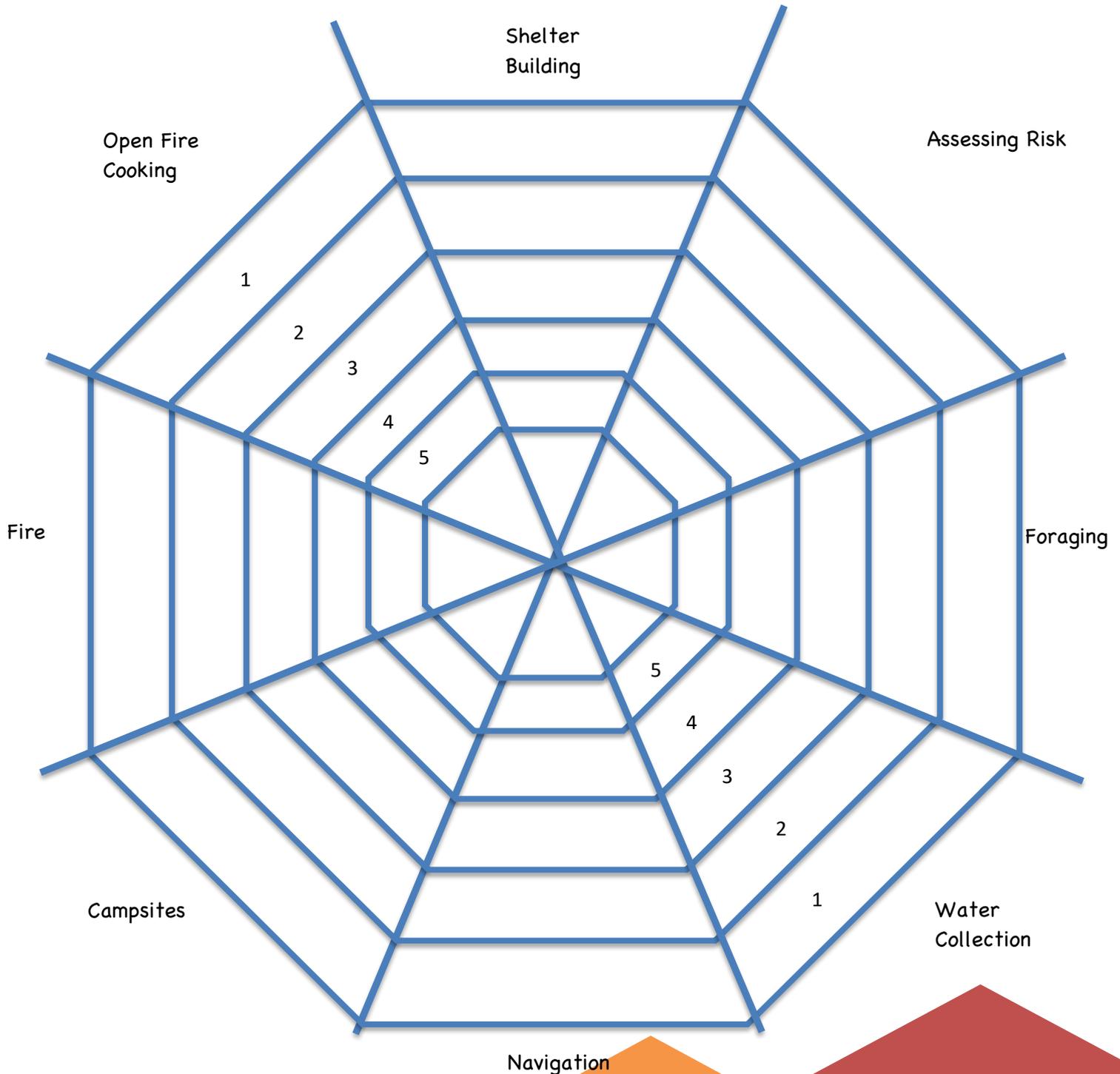
How was your Bushcraft Experience?

Time to REVIEW: Stick some of your pictures in the box below, or write headings, and say what you thought you were good at, what you need to get better at, and what you enjoyed the most about your day in your camp.



Spider's Web

Colour in the web to show how much you know about each topic. Colour closer to the middle the more you know. Compare this with the one you did on week one of this course. Hopefully you have coloured further this time!



You are now a Bushcraft Bob/Bobette!

You have completed our Lockdown Bushcraft Course and are ready get out there and develop your skills. Remember 'Being Bothered' matters, and soft skills are just as important as the hard skills we have learned.

To claim your Bushcraft Certificate, contact us by email ardwhallanoutdoor@gmail.com or on Facebook with your full name, address, and some evidence that you have completed all six session – some photos of you doing the activities is great! We'll send you your certificate by post or email, whichever you prefer.

If you are a teacher and have been completing the Programme with your students then send us a class list of the students who took part and we will send the certificates to your school.

Looking for what to do next? Why not try out our Wilderness Ranger Course or book your class on one of our "Develop your Skills" Bushcraft Courses?